

# Trevisker Primary School Curriculum Overview for P.E.

Subject Lead: A O'Boy

#### Rationale

Our whole school ethos is reflected in our motto 'Friendship and Respect, Learn for Life'. At Trevisker health and wellbeing are of the utmost importance and we feel we can support this development through our PE curriculum. PE in Kernow Learning schools is all about developing physical literacy and a love of movement at primary level, with a focus on leadership skills, health and wellbeing. This puts Physical Education at the heart of our educational agenda— ensuring young people are well enough to learn and have developed a range of personal competencies that will help them in the classroom and beyond." Kernow Learning Trust is keen to address the negative stereotype of PE being all about prowess in sport and rather reposition it to enhance lifelong skills.

## Planning

At Trevisker we use the National Curriculum to guide the development of our Physical Education programme across each year group. With the support of our planning resource "Getset4PE", lessons are planned sequentially to allow development of key skills before reaching an end point where progress can be identified. This can usually be demonstrated in match play, in performances or through formative assessment.

## Delivery

At Trevisker, we offer a whole child approach where lessons are developed with the purpose of ensuring children of all abilities to make progress in their learning. PE lessons are designed to be fun, engaging and challenging and allow children to learn technical skills as well as develop a passion and understanding of sport as well as their own health and wellbeing. Trevisker follows the framework of the Youth Sport Trust "My Personal Best" to offer learning that allows children to develop:

- Self-belief
- Self-discipline
- Fairness
- Communication
- Imagination
- Reflection

#### Assessment

Throughout PE, assessment is continuous and formative. Through observation and questioning, teachers are able to establish and meet the needs of all groups of children. Questioning is of key importance in lessons, where children are challenged to problem solve and improve on their performance of skills and tactics. Likewise, through our most recent purchase of "Moki Bands", teachers are able to create a pupil database of their children's moderate and vigorous activity. (Linked to the 30 minutes a day Government and Sport England initiative). Finally, formative assessment informs staff where swift interventions are needed and through this, children receive on the spot feedback in order support their unique development.

## Monitoring and Evaluation

Subject leadership time is provided for the subject lead to monitor planning, observe lessons, attend training, meet with colleagues and offer support. The school leadership team supports in this, and any outcomes inform the PE action plan in line with the school improvement plan and any future priorities.

## Connectivity – how it links to other subjects

Trevisker school follows an immersive curriculum where subjects flow together to allow an all-encompassing platform for learning. P.E is at the forefront of this where physical activity can be seen across an array of Subjects. Experiences such as monitoring of our heart rate in science, running to Rome in History or Walk and Talk or Daily Dash on the bike track each morning allow health and sport to be a continual focus day to day.

#### Visits, visitors and extra-curricular activities

Opportunities to take part in Sport is of high importance for the children of Trevisker. Sport is for all. Trevisker offers a multitude of different sporting afterschool clubs such as Netball, Cycling, Games club and even Golf. Our clubs regularly change with the seasons in order to offer children the chance to take part in Sports they may never have played before and maximise use of our outdoor areas. Our Pupil Premium children are always at the forefront of our minds being offered club places first, to give them additional opportunities and the best chance to succeed.

Visitors are also invited to inspire children to take up Sport such as visiting Olympic Athlete activity days. Furthermore, creating links with other schools has allowed us to see many of our children taking part in a range of sport outside of school, allowing a range of abilities to represent the school in competitive and non-competitive events.

Regular competition through our Newquay Sports Partnership allows children of all stages and abilities to represent the school in competition as well as being offered the opportunity to try different sports.

#### **EYFS**

At Trevisker, our EYFS curriculum framework the school activity promotes the importance of healthy lifestyles, healthy eating habits and supporting self-regulation within the Personal, Social and Emotional Development prime area. Now more than ever these topics play a vital role in life and the foundations are laid in EYFS with carefully planned continuous provision as well as PE lessons.

#### Use of ICT

ICT is well used in P.E. in a multitude of ways in order to support and evidence the Physical Development of the children. Video recordings on class Ipads are used to provide feedback to children and allow them to improve and adapt their skills and create performances to reflect on. The recent use of the "Moki App" has actively increased the physical activity of children in key stage 2.

## Staff Professional Development (CPD)

CPD is a continual focus every year at Trevisker, where staff are given the opportunity to improve teacher pedagogy in this area. Developing an up to date and rich curriculum is the responsibility of all staff and this is supported by the subject leader through appropriate release time, observing and mentoring others, inviting guest speakers and specialists and working with our peers in other schools across the Trust.

## Budget

The P.E. budget is managed by the SLT along with the subject lead and the LGB. Spending is focused on enabling successful delivery of the subject and fulfilling the subject action plan. Each year the PE budget is published and updated on our school website which can be openly viewed by all. The SLT and subject lead utilise the

Primary School Sports Premium funding to acquire and update resources to assist the children's physical development.

## Governance

At Trevisker, the LGB meets with the subject lead to review action plans and agree focus points for discussion and for learning walks and pupil conferencing. The subject lead will compile a presentation to update the LGB on how Science is developing across the school.